



Saturday, July 15 on Main Street in China Grove

## A family affair: Hopeful Acres Farm & Gardens still strong after a century

### By Brad Dountz

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A century farm is a farm that has been officially recognized as being in operation for at least Farm & Gardens, allowing the rest of Rowan County to experience the fruits of their labor and to hear about their long and rich Stephanie's children. history.

100 years. Since 1914, six Stephanie Frisbee are sibgenerations have been lings who work together to

working at Hopeful Acres keep the memories of their father, Perry, alive. They both grew up on the farm and still live on the property with their mom and

"We're all like a little Chris Morgan and family compound on the family farm," Frisbee said. "We share the same passion for our farm, for our farming heritage, and are trying to make it be there, so if my boys want to farm, it will be there."

> They cultivate several crops like hay, corn, and soybeans while also raising their own cattle. Frisbee takes pride in that she works on her family farm, and even though she is confronted with the obstacles that go along with it, she relishes the opportunity to make it successful.

"If you look at statistics you see that family farms are declining. So, that's something my brother and I are faced with. He doesn't have children. I have two boys. Are my boys going to want to keep farming? What happens to the farm if they don't want to keep farming? I kind of look at ourselves as the stewards of the farm. We are doing what the generations have done before us to ensure







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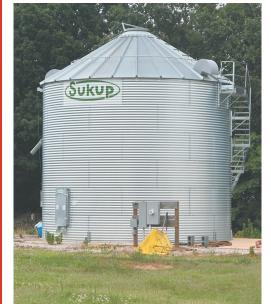
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that it thrives," Frisbee said.

In 2014, Perry passed away. Since then, Morgan and Frisbee have been stepping up to make sure Hopeful Acres doesn't fall behind in all of the progress it has made over the decades. Stephanie did not have a degree in agriculture, so she began participating in NC Farm School through NC State, where she decided to include specialty cut flowers as a crop.

While selling her flowers, Frisbee realized she could monetize other aspects of the farm more effectively like by acquiring their meat handlers license for their cattle. She also created the tagline "beef and bloom" to make people aware about the new direction Hopeful Acres is taking.

By still having relationships with their customers and other farmers, Hopeful Acres offers a unique slice of what Rowan County agriculture is all about. That connection lets them stand out amongst everyone else. Hopeful Acres peels back the curtain on their practices, processes, and background to create an intimacy with their customers that makes them a place people want to return to.

"We try to tell our story because we want people to know where we

came from. We were raised with these extreme values that your word is everything, your word to someone," Frisbee said. "I think it's us bringing that personal touch. When people say know your farmer, know your food. If people know you then they will support you."

Having that love for what they do helps make the tough days go down better, but when someone has been farming for practically their whole lives, it becomes a



part of them and what they'll leave behind.

"Farming's in my blood. You can't get away from it. I guess it's an energy you can't get anywhere else or a feeling you can't get from doing anything else. Doing what your family has been doing for generations, we're just trying to carry on the legacy," Morgan said.



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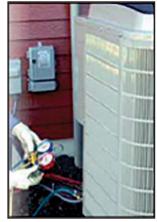
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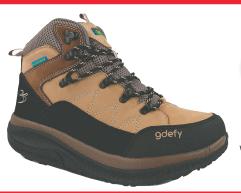
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**4C •** THURSDAY, JULY 13, 2023

### Fifth generation of Millers provide produce to China Grove

### By Robert Sullivan

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Out on Miller Road, halfway between Mooresville Road and West Church Street, stands a lone produce store on the corner of a road. Miller Farm Fresh Produce is the face of the farm that has been in the Miller family for five generations.

Ever since Mike Miller's great-great-grandfather founded the farm in the 1890's, it has been worked by every generation of the family. Each member of the Miller family grew up working the farm, spending hot days in the summer hand-picking produce.

"No pool days, no beach days, no vacation days during the summer. It was hard work and I'm sure we butted heads with my dad about it back then. But that was when we were kids, now I understand it taught us respect for the work. And now we just go out and have fun, we don't work. We enjoy our jobs," said Mike, whose son Adam represents the sixth generation that stands to inherit the farm.

By this point, Miller Farm has grown to become a member of the community in the area it was founded in. Just recently, the family installed an ATM outside the farm store for people from the area to use.

"One of our workers actually mentioned that there wasn't one nearby, and so we thought it would be helpful. It's open 24 hours and we don't make

a dime off of it," said Mike.
The Miller family made it out to the first Farmer's Day at China Grove 42 years ago, but Mike said that his family stopped going around 25 years ago



SALISBURY POST



when the festival evolved from focusing on local farmers selling produce into the large-scale event it is today. Five years ago, however, the family began to return to the festival and have been there every vear since.

Mike also stated that despite the fact that his brother spun off his own company, Miller and Sons Produce, the two still work closely together almost every day. Miller and Sons makes it out to the Cabarrus farmers' markets throughout the

week while Millers Farm Fresh Produce take their products to the Salisbury Farmers' Market every Saturday.

Ultimately, Miller Farm leans fully into an enjoyable family-owned and -operated work environment. Mike stressed that even though they are picking corn and other vegetables in 90 degree Fahrenheit and up temperatures, the family loves what they do.

"We don't work, we have fun," said Mike.

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# Forged in Earth and Iron: James Wise applies job skills to art form

### By Chandler Inions

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Honing a skill that turned into a passion proved the perfect seed for an entrepreneurial opportunity for James "Jimmy" Wise.

Owner of Wise Earth and Iron, Wise will be among the local vendors at the China Grove Farmers Day on Saturday.

"My background is in industrial systems," Wise said. "I have worked in maintenance for 12-13 years. During that time, part of my task as a maintenance guy was welding and fabricating. I realized that I really enjoyed fabricating."

See Wise, C10









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### Wise

Continued from C6

Taylor Pump and Lift in Concord.

"They had a great fabrication shop," Wise said. "I in on running the shears, press breaks, and make well-rounded.

"When the company Wise went to work for learned what I was able to do, they started sending me decorative-type jobs to do."

Wise wanted to go out went there so I could hone on his own. After talking with his wife, they decided it was a possibility. He my fabrication skills more built a shop in his spare

time.

"I decided that I wanted to have my own name on the company," Wise said.

He officially wrapped up his stint at Taylor Pump and Lift in October of last year and began his adventure as a small business owner.

Some of Wise's handiwork is displayed at the Rowan County Sheriff's Office. He recently completed artwork recognizing retired officers and former military personnel that now hangs in the

"We do a lot of decorative art, like monograms and a lot of custom, military and first responder type things," Wise said. "I have a lot of friends that are state troopers, sheriff's deputies and police officers."

Recognizing those who served is also important to Wise.

"My grandfather retired from the Air Force," Wise said. "I have always respected him and listened to his military stories."

Wise's abilities allow his creative liberties to take flight.

"We like to create a lot of nature scenes and such." Wise said. "We have done a lot of address signs for houses in the mountains, and they have asked for bears and trees and stuff like that, which fits. We wanted an earthy metal theme to our business that was naturistic."

Wise has been pretty successful through word of mouth and social media. but he loves getting out into the community when he

"We were trying to hit some events to get our name out there," Wise

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### SALISBURY POST

### The Farming Facts:

- Raising beef cattle is the single largest segment of American agriculture. One pound of wool can make 10 miles of varn. There are 150 yards (450
- The average dairy cow produces seven gallons of milk a day, 2,100 pounds of milk a month, and 46,000 glasses of milk a year.

feet) of wool yarn in a baseball.

- Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.
- Like snowflakes, no two cows have exactly the same pattern or spots.

- There are 47 different breeds of sheep in the U.S.
- Pork is the most widely eaten meat in the world.
- Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.
- The longest recorded flight of a chicken is 13
- The heaviest turkey ever raised weighed 86 pounds, about the size of an average third-grader.
- Cows are herbivores, so they only have teeth on
- Cows must give birth to a calf in order to produce

### Q: Why do cows have hooves instead of feet? A: Because they lactose!

Q: What is a farmer's favorite Bruce Springsteen song? A: Born in the

Q: As farmers, we hear a lot of jokes about sheep. A: We'd tell them to the dog, but he'd herd them all!

his fat pig wouldn't fit into the pen? A: "There's more there than meets

Q: What did the neurotic pig say Q: What did the farmer say when

Q: Why did the pig take a bath? A: The farmer said "hogwash"!

Ready for a chuckle?

Q: What's black and white and eats like a horse? A: Azebra.

Q: Why were the baby strawberries crying? A: Their ma and pa were in a

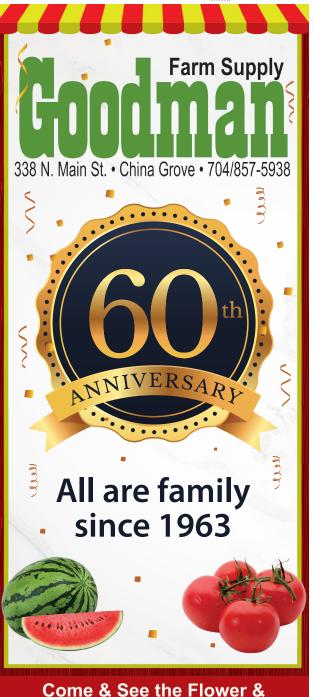
to the farmer? A: "You take me for

Q: Why shouldn't you tell a secret on a farm? A: Because the potatoes have eyes and the corn has ears!

Q: What farm animal keeps the best time? A: A watch dog.

Q: How did the organic vegetable die? A: Natural causes.

Q: What did the mommy cow say to the baby cow? A: "It's pasture bedtime!"



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### THURSDAY, JULY 13, 2023 • 13C

# Summer Recipes:





Pepperoni Pizza Dip with Breadstick Dippers (above), Big Al's Hot and Sweet Sausage Sandwich (right)

These recipes for "Pepperoni Pizza Dip with Breadstick Dippers" and "Big Al's Hot and Sweet Sausage Sandwich" from "Crock\*Pot® 365 Year-Round Recipes" (Publications International, Ltd.)

### **Pepperoni Pizza Dip with Breadstick Dippers** Serves 8

1	jar or can (14 ounces) pizza sauce
3/4	cup chopped turkey pepperoni
4	green onions, chopped
1	can (21/4 ouncos) clicod black oliv

can (21/4 ounces) sliced black olives, drained teaspoon dried oregano

1/2 teaspoon dried oregano1 cup (4 ounces) shredded mozzarella cheese

package (3 ounces) cream cheese, softened

### **Dippers**

1 package (8 ounces) refrigerated breadstick dough

teaspoons melted butter

teaspoons minced fresh Italian parsley

1. Combine pizza sauce, pepperoni, green onions, olives, and oregano in a 2-quart slow cooker. Cover; cook on low 2 hours or on high 1 to 1/2 hours or until mixture is hot.

2. Stir in mozzarella and cream cheese until melted and well blended. Serve with warm Breadstick Dippers.

3. For dippers, bake breadsticks according to package directions. Brush with melted butter and sprinkle with parsley.

### Big Al's Hot and Sweet Sausage Sandwich

Makes 8 to 10 servings

4 to 5 pounds hot Italian sausage links

jar (26 ounces) spaghetti sauce Jarge Vidalia onion (or other swe

large Vidalia onion (or other sweet onion), sliced green bell pepper, cored, seeded and sliced

1/4 cup packed dark brown sugar Italian rolls, cut in half Provolone cheese, sliced (optional)

1. Combine sausages, spaghetti sauce, onion, bell peppers, and brown sugar in slow cooker. Cover; cook on low 8 to 10 hours or on high 4 to 6 hours.

2. Place sausages in rolls. Top with vegetable mixture. Add provolone cheese, if desired.

Tip: Instead of large Italian rolls, use slider buns or medium kaiser rolls to stretch the sausage mixture further and make it easier to eat while watching the game.

Recipe courtesy of PillsburyTM

### **Easy Apple Turnovers**

Serves 4

11/2 cups thinly sliced, peeled apples (roughly 11/2 medium-sized apple)
1/4 cup packed brown sugar

2 tablespoons water

teaspoon lemon juice tablespoon all-purpose flour

tablespoon granulated sugar

1/4 teaspoon salt

tablespoon butter or margarine

1/2 teaspoon vanilla

box Pillsbury™ refrigerated pie crusts

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1. In a 2-quart saucepan, mix apples, brown sugar, 1 tablespoon of the water and lemon juice. Cook over medium heat, stirring occasionally, until bubbly. Reduce heat to low; cover and cook 6 to 8 minutes, stirring occasionally, until apples are tender.

2. In a small bowl, mix flour, granulated sugar and salt. Gradually stir into apple mixture, cooking and stirring until mixture thickens. Remove from heat; stir in butter and vanilla. Cool 15 minutes.





3. Meanwhile, heat oven to 350 F. Let pie crust pouch stand at room temperature for 15 minutes.

4. Remove pie crust from pouch; unroll crust on ungreased cookie sheet. Spoon cooled fruit mixture evenly onto half of crust to within 1/2 inch of edge.

5. In a small bould host organized 1 tablespoon water: brush over edge.

5. In a small bowl, beat egg and 1 tablespoon water; brush over edge of crust. Fold untopped half of crust over apple mixture; firmly press edge to seal. Flute edge; cut small slits in several places in top crust. Brush top with remaining egg mixture.

6. Bake 25 to 35 minutes or until crust is golden brown. Serve warm or cool. Drizzle with icing, if desired.

Expert tips: Tart apples, such as Granny Smith or McIntosh, make flavorful pies. Braeburn or Gala apples provide good texture and a slightly sweeter flavor.

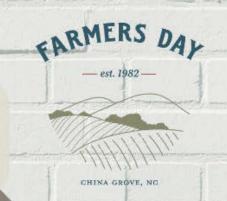




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