

Salisbury Post

2019

ROCCO



gold

PEOPLE'S
CHOICE
AWARDS

WINNER'S EDITION

THANK YOU

FOR VOTING US
BEST FINANCIAL INSTITUTION
9 YEARS STRAIGHT!



A Tradition for Life

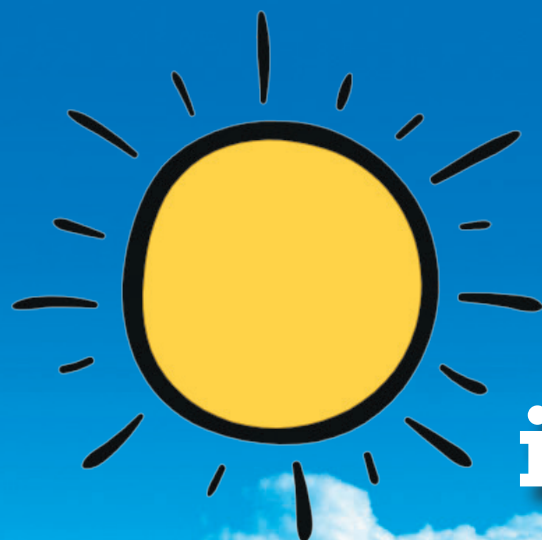
We couldn't have asked for a better anniversary gift!
Stop by and let us show you why we've been voted
"Best Financial Institution of Rowan County" for the past **9 YEARS!**

fmbnc.com

8 Rowan County locations in Salisbury, Granite Quarry,
Rockwell, Faith & China Grove

Member FDIC





Thank you for Voting Me **Best Realtor** in Rowan County



www.jaynehelms.com

Best American Cuisine

CITY TAVERN

113 E Fisher St, Salisbury (704) 603-4656
www.citytavernsalisbury.com

Runner Up: Ivan's Steakhouse
2nd Runner Up: Sweet Meadow

Best Italian Cuisine



CHEF SANTOS

123 E Fisher St, Salisbury (704) 637-7144
facebook.com/Goodfellasbychefsantos/

Runner Up: Romano's
2nd Runner Up: LaCava Restaurant

Best International Cuisine



KATANA JAPANESE FUSION

475 Jake Alexander Blvd W #101, Salisbury
(704) 636-0200 katanafusion.com

Runner Up: Sabaidee Thai
2nd Runner Up: Mambo Grill

Best Mexican Cuisine

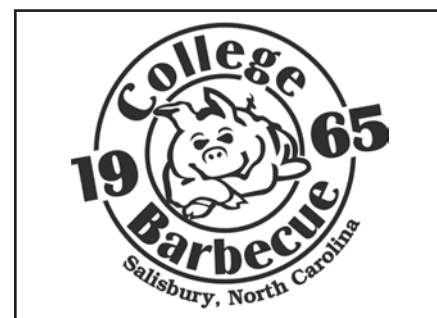


EL PATRON

1030 Freeland Dr, Salisbury
(704) 636-5300 elpatronsalburync.com

Runner Up: Casa Grande
2nd Runner Up: Monterrey Mexican Rest.

Best BBQ



COLLEGE BBQ

117 Statesville Blvd, Salisbury
(704) 633-9953

Runner Up: Hendrix BBQ
2nd Runner Up: Smoke Pit

Best Bakery/Desserts



COUNTRY DONUTZ

475 Jake Alexander Blvd W #105
Salisbury (980) 330-3420

Runner Up: Abigail's: A Cake Affair
2nd Runner Up: Krispy Kreme

Best Caterer



DEBBIE SUGGS CATERING

Salisbury; (704) 637-2016

Runner Up: Creative Gourmet Catering by
Matt Trexler
2nd Runner Up: Chef Santos

**Find ROCO GOLD
on Facebook!**

THE 2019 ROCO GOLD PEOPLE'S CHOICE AWARDS RESULTS ARE IN!

As you browse the following pages you will find some of the area's finest restaurants, retail stores, service providers, entertainment venues, people and all that makes Rowan County great.

VISIT US ONLINE AT WWW.ROCOGOLD.COM

Hap's Grill

*Thank you for voting ours the
Best Hotdog in Rowan County.
Come in & enjoy yours today!*

Right Off The Square In Salisbury **116 N Main St • Mon.-Sat. 10:00 am - 3:00 pm**

919855

EST. 1989

Flavor & Quality That Make *the* Cut

**Thank you to our
customers for voting us the
Best Steaks in Rowan County**

Reservations are not required 704-637-2000 | 2024 Old Mocksville Road, Salisbury | All ABC Permits | Open Mon-Sat 5:00 p.m.



We love our customers and we thank you all for voting us best sandwich!

Sidewalk Deli

120 S Main St, Downtown Salisbury (704) 637-3354

www.SidewalkDeli.com

918257

would like to thank our patrons for voting us **Best Barbecue** & **Best Breakfast** in Rowan County plus **Runner Up** in Customer Service

| | | | |
|---|---|---|---|
| 2016 ROCO gold SALISBURY POST 1st Place | 2017 ROCO gold SALISBURY POST 1st Place | 2018 ROCO gold SALISBURY POST Runner Up | 2019 ROCO gold SALISBURY POST 1st Place |
|---|---|---|---|

117 Statesville Blvd, Salisbury, NC 28144
704-633-9953

917764

SHUCKIN' SHACK OYSTER BAR

VOTED BEST IN SEAFOOD

*Thank you
Rowan County!*

Salisbury Post
2019
ROCO
1st Place

gold
PEOPLE'S
CHOICE
AWARDS

\$5 OFF YOUR PURCHASE
OF \$35 OR MORE

Please present coupon at time of ordering. Valid Sunday -Thursday only.

Limit one coupon per visit.

Cannot combine with any other coupon or special.

Offer not applicable toward alcohol, retail, tax, or gratuity.

Not redeemable for cash. Valid at Salisbury location only.

Expires February 29th, 2020.



We are
feeling
the love.

Voted best wings
in Rowan County
four years in a row



Thank you Rowan County!

211 Faith Rd.
Salisbury, NC
704-633-2464

Mon.-Thurs.
11am-9:30pm
Fri.-Sat.
11am-10pm
Sunday
11:30am-9pm



**EAST COAST
WINGS+GRILL**



eastcoastwings.com

**TO SHOW OUR
APPRECIATION**

Bring in this coupon for

10% off

your next order of Wings



**EAST COAST
WINGS+GRILL**

Salisbury Location Only. One coupon per
ticket. Excludes specials. Expires 11/30/19

Thank you for voting us #1

**1st Place - Customer Service, Best Donuts
and Bakery/Desserts!**

**Boba Tea
available**



THANK YOU SPECIAL

**FREE
6 Donut Holes**
with purchase of a
dozen donuts

1 per customer. Must present coupon. No
photocopies. Expires December 31, 2019.



1st Place



475 Jake Alexander Blvd W #105, Salisbury
(Near Katana Japanese) **(980) 330-3420**

Mon-Fri 6:00am-8:30pm • Sat & Sun 7:00am-8:00pm



Thank you for voting Chef Santos
the **BEST ITALIAN CUISINE!**
Plus 2nd runner up in Catering!



**Italian
Grill**
by CHEF SANTOS



Opens 11:00 am
121 East Innes St. | Downtown
Salisbury | 704-431-6737

123 E Fisher St | Downtown
Salisbury | (704) 637-7144



**Large Selection of
Boutique Wine, Mead,
Cider & Craft Beer**

**Expert Assistance
with Food Pairing,
Beverage Selection &
Party Planning**



106 South Main Street ♦ Downtown Salisbury ♦ 704-636-5151
www.salisburywineshop.com ♦ sws@salisburywineshop.com

Tues - Thurs 10am-6pm ♦ Fri 10am-8pm
Sat 10am-6pm ♦ Closed Sun & Mon

Best Food Truck/Food Stand

THE HOT BOX

110 S Lee St., Salisbury
facebook.com/FoodTruckatTheFishBowl

Runner Up: Mise en Place
2nd Runner Up: Yummi Banh Mi

Customer Service (Food)

COUNTRY DONUTZ

475 Jake Alexander Blvd W #105
Salisbury (980) 330-3420

Runner Up: College BBQ
2nd Runner Up: Chick-fil-A

Take-out Food

KATANA JAPANESE

475 Jake Alexander Blvd W #101, Salisbury

Runner Up: The Hot Box
2nd Runner Up: Tokyo Express

Vegetarian

SWEET MEADOW

111 N Main St, Salisbury (704) 637-8715

Runner Up: Juice Life
2nd Runner Up: Katana Japanese

Patio/Outdoor Dining



GO BURRITO

115 W Fisher St, Salisbury (704) 754-4755
goburrito.com

Runner Up: DJ's
2nd Runner Up: City Tavern

Best Bar

THE FISH BOWL

127 E Innes St, Salisbury (704) 762-9989
https://the-fish-bowl-bar.business.site

Runner Up: City Tavern
2nd Runner Up: DJs

Best Beer Selection

NEW SARUM BREWING COMPANY

109 N Lee St, Salisbury (704) 310-5048
newsarumbrewing.com

Runner Up: City Tavern
2nd Runner Up: The Fish Bowl

Best Coffee

KOCO JAVA COFFEE & ROASTERY

329 N Main St, Salisbury (704) 630-1145

Runner Up: Mean Mug
2nd Runner Up: Starbucks

Best Wine Selection



SALISBURY WINE SHOP

106 S Main St, Salisbury (704) 636-5151
www.salisburywineshop.com

Runner Up: Morgan Ridge Brewery
2nd Runner Up: La Cava Restaurant

Best Burger

CITY TAVERN

116 N Main St, Salisbury (704) 633-5872

Runner Up: Hap's
2nd Runner Up: Cook Out

Best Breakfast

COLLEGE BBQ

117 Statesville Blvd, Salisbury
(704) 633-9953

Runner Up: Breakfast Time
2nd Runner Up: Hendrix BBQ

Best Brunch

SWEET MEADOW

111 N Main St, Salisbury (704) 637-8715

Runner Up: Breakfast Time
2nd Runner Up: La Cava Restaurant

Best Burrito

GO BURRITO

115 W Fisher St, Salisbury (704) 754-4755

Runner Up: Monterrey Mexican Rest.
2nd Runner Up: El Patron

visit www.rocogold.com
for a list of winners
from last year!



Thanks you for voting us
Best International Cuisine
Best Take-out Food
Best Sushi
and Best Vegetarian*
SECOND RUNNER-UP

Customer Appreciation Month

SUSHI SPECIAL
2+1 MONDAY & TUESDAY
HOLIDAY ROLL \$7

Not valid with any other offers or promotions
Valid for Nigiri, Sashimi, Regular & Specialty Rolls.
Expires Nov. 30, 2019.



Online ordering now
available
"Katana Japanese
Fusion"



MON-SUN 11-9PM FRI & SAT 11-9:30PM 704.636.0200
475 JAKE ALEXANDER BLVD W #101
SALISBURY NC 28147

Best Deli/Sandwich



SIDEWALK DELI
120 S Main St, Salisbury (704) 637-3354

Runner Up: Jersey Mike's
2nd Runner Up: Troyer's

Best Doughnuts

COUNTRY DONUTZ
475 Jake Alexander Blvd W #105
Salisbury (980) 330-3420

Runner Up: Krispy Kreme
2nd Runner Up: Troyer's

Best Frozen Treat



DAIRY QUEEN W INNES
1004 W Innes St, Salisbury (704) 636-8653
dairyqueen.com

Runner Up: Sweet Frog
2nd Runner Up: SnoBiz

Best Hot Dog



HAP'S
116 N Main St, Salisbury (704) 633-5872

Runner Up: Hot Dog Shack
2nd Runner Up: College BBQ

Best Pizza

SALTY CAPER
115 S Lee St, Salisbury (704) 633-1101
www.saltycaper.com

Runner Up: Village Inn
2nd Runner Up: Pizza Hut

Best Seafood



SHUCKIN' SHACK
118 N Main St, Salisbury (704) 431-6966
www.theshuckinshack.com

Runner Up: Blue Bay Seafood
2nd Runner Up: Ivan's Restaurant

Best Steak



IVAN'S RESTAURANT
2024 Old Mocksville Rd, Salisbury
(704) 637-2000 ivansrestaurant.com

Runner Up: Longhorn Steakhouse
2nd Runner Up: Outback Steakhouse

Best Sushi

KATANA
475 Jake Alexander Blvd W #101, Salisbury

Runner Up: Bangkok Downtown
2nd Runner Up: Sabaidee Thai

Best Wings



EAST COAST WINGS
211 Faith Rd, Salisbury (704) 633-2464
eastcoastwings.com

Runner Up: Christo's Family Restaurant
2nd Runner Up: Buffalo Wild Wings



THANK YOU

for voting us

Best Frozen Treat

in Rowan County



1004 West Innes Street, Salisbury 

Proudly Serving Salisbury-Rowan since 1950









THANK YOU ROWAN COUNTY FOR VOTING

GO BURRITO!

EVERYONE'S FAVORITE RESTAURANT
AND HANGOUT.











I feel very blessed to live in such
a supportive community!

Thank you for voting us
BEST CATERING four years in a row.



550 Dunns Mountain Church Rd. | 704-637-2016

Place to Entertain Kids



DAN NICHOLAS PARK

6800 Bringle Ferry Rd, Salisbury
www.rowancountync.gov/185/Dan-Nicholas-Park

Runner Up: NC Transportation Museum
2nd Runner Up: Friday Night Fun at Triple Threat Dance Studio

Late Night Entertainment

THE FISH BOWL

127 E Innes St, Salisbury (704) 762-9989
https://the-fish-bowl-bar.business.site

Runner Up: Go Burrito
2nd Runner Up: DJs

Theater

MERONEY THEATER

213 S Main St, Salisbury (704) 633-5471
piedmontplayers.com

Runner Up: Lee Street Theatre
2nd Runner Up: Cinemark Tinseltown

Tourist Attraction



NC TRANSPORTATION MUSEUM

1 Samuel Spencer Drive, Spencer
(704) 636-2889 www.nctrans.org

Runner Up: Dan Nicholas Park
2nd Runner Up: Lazy 5 Ranch

Park

DAN NICHOLAS PARK

6800 Bringle Ferry Rd, Salisbury

Runner Up: Hurley Park
2nd Runner Up: City Park

Art Gallery

WATERWORKS VISUAL ART CENTER

123 E Liberty St, Salisbury (704) 636-1882
www.waterworks.org

Runner Up: Pottery 101
2nd Runner Up: Railwalk Gallery

Books/Comics/Toys/Games

SOUTH MAIN BOOK CO.

110 S Main St, Salisbury (704) 630-9788
southmainbookcompany.com

Runner Up: Comic Monstore
2nd Runner Up: Critters

Bicycles/Sporting Goods



SKINNY WHEELS

111 W Innes St, Salisbury (704) 762-9537
www.skinnywheels.com

Runner Up: Dick's Sporting Goods
2nd Runner Up: Pedal Factory

Fishing/Hunting Supplies

FIRST NATIONAL:

DICK'S SPORTING GOODS

125 Tingle Dr #300, Salisbury
(704) 212-2482

FIRST LOCAL:

HILL'S MINNOW FARM

7940 Bringle Ferry Rd, Salisbury
(704) 633-7413 hillsminnowfarm.com

Runner Up: Fleming Candy Company

Dance/Gymnastic Studio

TRIPLE THREAT DANCE STUDIO

1680 South Main Street China Grove
(704)-707-9341 triplethreat.dance

Runner Up: Spotlight Dance Company
2nd Runner Up: Dimensions Dance Arts

visit www.rocogold.com
for a list of winners
from last year!

EL PATRON
MEXICAN GRILL & CANTINA

Fourth year Best Mexican Cuisine!

THANK YOU TO ALL OUR CUSTOMERS!

2nd Runner Up - Best Burrito

Outside Patio

10% OFF CATERING
Must mention this ad.

1030 Freeland Dr. Ste 105, Salisbury
Located across Walmart • 704-636-5300
www.ElPatronSalisburyNC.com

Uber Eats

Facebook Twitter

899816

2019 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post
1st Place

2018 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post
1st Place

2017 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post
1st Place

2016 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post
1st Place

2016 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post

2017 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post

2018 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post

2019 ROCO gold
PEOPLE'S CHOICE AWARDS
Salisbury Post

Thank you!

DAN NICHOLAS PARK
Be an original.

Rowan WILDLIFE Adventure

6800 Bringle Ferry Rd., Salisbury, NC 28146
704-216-7803 • www.DanNicholas.net

WINNER

Best Place to Entertain Kids

Best Park

RUNNER-UP

Best Tourist Attraction

917776



Thank you for voting us Best Hearing Aid Center

Call today to schedule an appointment
for a **FREE HEARING SCREENING.**



45 years in Rowan County as the area's
largest hearing care professionals.



Angela Wade Melton, H.I.S., A.C.A.

*4 Years
in a Row.*



Matthew Thomas, H.I.S.

512 Klumac Rd., Suite 7, Salisbury, NC

704-636-6037

904797

Thank you for voting us Best Medical Facility in Rowan County



Improving the health of our community, one person at a time

612 Mocksville Ave, Salisbury, NC 28144
Phone: (704) 210-5000

NovantHealth.org

**NOVANT
HEALTH**

639339

Karate/Martial Arts Studio



SIDEKICK KARATE - DOWNTOWN

520 S Main St, Salisbury (704) 216-2258
sidekickdojo.com

Runner Up: Iron Dragon
2nd Runner Up: KickFit

Place for Worship

ST. JOHN'S LUTHERAN

200 W Innes St, Salisbury (704) 636-3431
stjohns-salisbury.org

Runner Up: St. Luke's Episcopal Church
2nd Runner Up: Life Church

Chiropractic



JETER CHIROPRACTIC

1001 N Main St, Salisbury (704) 633-5156
jeterchironc.com

Runner Up: Collins Chiropractic
2nd Runner Up: Way to Wellness/Jennings

Hearing Service



BELTONE

512 Klumac Rd Ste 7, Salisbury
(704) 636-6037 www.beltone.com

Runner Up: Hearing Solutions
2nd Runner Up: Salisbury Audiology

Dentist



FORTNER DENTAL GROUP

1834 Jake Alexander Blvd W, Salisbury
(704) 636-1848 www.fortnerdentalgroup.com

Runner Up: Anderson Dental
2nd Runner Up: Dr. Steven Yang

Eye Care



SALISBURY EYECARE & EYEWEAR

205 E Council St B, Salisbury
(704) 310-5002
www.salisburyeyecareandeyewear.com

Runner Up: Dr. Mark Brittain
2nd Runner Up: Peak Eye Care

Best Place To Work Out



THE FORUM

2318 S Main St #8997, Salisbury
(704) 633-6638 theforumfitness.com

Runner Up: YMCA
2nd Runner Up: Planet Fitness

**Find ROCO GOLD
on Facebook!**



**Thank you for voting
us Best Bicycle Shop
in Rowan County.**



111 W Innes St, Salisbury | 704-762-9537

www.skinnywheels.com



CLASSES INCLUDE

- Strong by Zumba
- Body Pump
- Queenax by Precor
- Yoga
- Cycle
- Metabolic Effect
- and Much More!

MEMBERSHIP BENEFITS

- Full Use Of Facility
- Body Composition Test
- Free Unlimited Group Exercise
- Juice Bar • Sauna
- Free Personal Training Session
- Health Assessment
- Free Childcare

Also check out



www.SofulYoga.com

1024 S. Fulton Ave., Salisbury

Now Owned & Operated
by The Forum



**free
MONTH**

**with any
Membership Package**
Must present coupon.
Expires 1/31/20

www.theforumfitness.com

704-633-6638 2318 SOUTH MAIN ST. SALISBURY

Retirement/ Assisted Living Facility

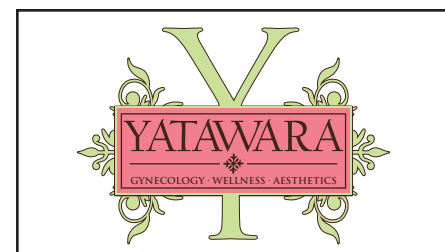


TRINITY OAKS

820 Klumac Rd, Salisbury (704) 637-3784
www.trinityoaks.net

Runner Up: Oak Park
2nd Runner Up: Autumn Care

Women's Health Provider



YATAWARA GYNECOLOGY, WELLNESS, AND AESTHETICS

415 Statesville Blvd, Salisbury
(704) 754-8990 yatawaramd.com

Runner Up: Carolina Women's Health
2nd Runner Up: Salisbury Ob/Gyn

Medical Facility

NOVANT ROWAN MEDICAL CENTER

12 Mocksville Ave, Salisbury
(704) 210-5000 www.novanthealth.org

Runner Up: Rowan Diagnostic Clinic
2nd Runner Up: Rowan Family Physicians

Local Pharmacy



THE MEDICINE SHOPPE

1357 W Innes St, Salisbury
(704) 637-6120
www.medicineshoppesalisbury.com

Runner Up: Walgreens
2nd Runner Up: Price Pharmacy

Antiques



SALISBURY EMPORIUM

230 E Kerr St, Salisbury (704) 642-0039
www.salisburyemporium.com

Runner Up: Priscilla's
2nd Runner Up: Salisbury Square

Health/Organic Items



SIMPLY GOOD

128 E Innes St, Salisbury (704) 636-0889
www.simplygoodnaturalfoods.com

Runner Up: The Medicine Shoppe
2nd Runner Up: The Hive

Gifts/Specialty Items



CANICHE

200 S Main St, Salisbury (704) 638-5522
shopcaniche.com

Runner Up: Stitchin' Post
2nd Runner Up: The Hive

Bedding/Furniture

R&J FURNITURE

1015 N Salisbury Ave, Spencer
(704) 633-4677 rjfurniturexpress.com

Runner Up: Bare Furniture
2nd Runner Up: Badcock Furniture

Thank you

for voting us the best Eye Care Practice four years
in a row! We ♥ our patients.



 **Subscribe**
to our YouTube channel
for NEW eye health
videos every Wednesday!

Remember, we are
always accepting
new patients!



205 E. Council St., Suite B, Salisbury
704.310.5002 | SalisburyEyecare.com



Thank you for voting us Best Dental Practice!

It is an honor to be your choice 4 years in a row



1834 Jake Alexander Blvd West, Suite 504, Salisbury
704-636-1848 www.FortnerDentalGroup.com

Celebrating Our 40th Year

Simply Good
NATURAL FOODS

**Salisbury's Most Complete
Health Food Store Since 1979**

Thank you

**to all our customers for
voting us the Best Place to
shop for Health/Organic
4 YEARS IN A ROW!**



1st Place



1st Place



1st Place



1st Place

Customer Appreciation Sale
25% off all regular priced supplements
for the month of November.

Thank you again....

128 E. Innes Street, Salisbury | 704.636.0889

www.SimplyGoodNaturalFoods.com

HOURS: Monday – Saturday 9 am – 6 pm

Cards/Stationery

THE LETTERED LILY DESIGN STUDIO

113 W Fisher St, Salisbury (704) 754-5973
theletteredlily.wordpress.com

Runner Up: Critters
2nd Runner Up: The Hive

Consignment/Thrift

ENCORE ON MAIN

118 S Main St, China Grove
(704) 857-1584
www.encoreonmain.com

Runner Up: Habitat Restore
2nd Runner Up: Growing Pains

Jewelry



BARNHARDT JEWELERS

314 S Salisbury Ave, Spencer
(704) 633-0618 barnhardtjewelers.com

Runner Up: Windsor Gallery
2nd Runner Up: Caniche

Prom/Bridal

ENCORE ON MAIN

118 S Main St, China Grove
(704) 857-1584
www.encoreonmain.com

Runner Up: A Perfect Dress
2nd Runner Up: Hope's Bridal

Shoes



RALPH BAKER'S SHOES

428 N Main St, Salisbury (704) 636-1850
www.ralpbakershoes.com

Runner Up: Shoe Carnival
2nd Runner Up: Rack Room

Children's Clothing

LORA BELLE BABY

105 N Main St, Salisbury (704) 209-4206
www.lorabellebaby.com

Runner Up: Kohl's
2nd Runner Up: Old Navy

Women's Apparel

CANICHE

200 S Main St, Salisbury (704) 638-5522
shopcaniche.com

Runner Up: Anna Craig Boutique
2nd Runner Up: Belk

Lighting

HOME LIGHTING & SUPPLY

3212 S Main St, Salisbury (704) 636-3883
fansandlights.com

Runner Up: Lowe's Home Improvement
2nd Runner Up: DESCO

Lawn Equipment

FIRST NATIONAL: LOWE'S HOME IMP.

207 Faith Rd, Salisbury (704) 638-0808



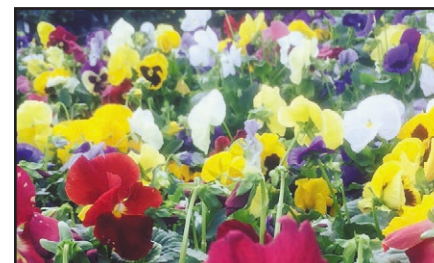
FIRST LOCAL:

FAITH FARM EQUIPMENT

585 Srv Rd I- 85, Salisbury (704) 431-4566
faithfarm.com

Runner Up: Outdoor Power

Garden Center



GODLEY'S GARDEN CENTER

2281 Statesville Blvd, Salisbury
(704) 638-0082

Runner Up: Ruffy's Garden Shop
2nd Runner Up: Lowe's Home Imp.

THANK YOU
for voting us



BEST CHIROPRACTIC OFFICE FOUR YEARS STRAIGHT!

Our clinic offers the most advanced methods of therapy for neck problems, headaches, low back pain, sciatica, shoulder/arm pain, plantar fasciitis, carpal tunnel and TMJ syndrome



1001 North Main St., Salisbury
www.jeterchironc.com
704-633-5156

Dr. Jeter
has over
25 years of
experience
in providing
effective
chiropractic
service



917801

We are extremely honored to be voted
BEST WOMEN'S HEALTH PROVIDER
and Runner-Up for Best Skincare Facility



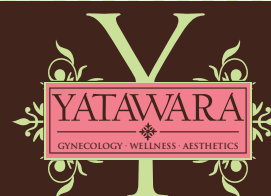
thank you!



*Our hearts are full from all the love
and support from our community.*



GAYLE YATAWARA, MD



415 Statesville Boulevard
Salisbury, NC 28144
704.754.8990
www.yatawaramd.com

THANKS ROCO
girlfriends
FOR VOTING US

**BEST GIFT SHOP
BEST APPAREL**

20  19

We are humbled and grateful



FOLLOW US ON

#SHOPCANICHE

704.638.5522
200 S. Main Street
www.shopcaniche.com

Thank you for voting for us!

Thursday, October 31

**10% of OTC sales
will go to support Meals on Wheels**

**Caring Beyond
Prescriptions**

We are already your neighbors and friends,
Let us be your pharmacy too!



Teresa Casmus, RPh
Compounding Pharmacist

Transferring your prescription is as easy as a phone call.

1357 West Innes Street
Salisbury, NC
704-637-6120

**The Medicine
Shoppe®**
PHARMACY

**Monday - Friday 9:00am-5:30pm
Saturday 9:00am-12:30pm**

Accepting most major insurance plans,
Medicare and Medicaid

salisbury.medicineshoppe.com

918999



Small Town, BIG WINNER



Trinity Oaks would like to extend a heartfelt thank you to Rowan County for voting us the Best in Active Retirement/ Assisted Living

To explore our endless amenities, contact us at:
trinityoaks.net | 704.603.9202



**Congrats
to Jamie!**

**the \$250
winner!**

Thanks For Voting us the BEST



*Salisbury's Best Choice for
Highest Quality*
FLOOR & UPHOLSTERY CARE
Commercial and Residential

*FREE ESTIMATES
SENIOR DISCOUNT*

**704-633-7030 office
704-575-9598 cell**

**TOM'S
CARPET
CARE**
SALISBURY, NC



Since
1981

917/413



Windsor Gallery
JEWELERS

SHINE FOR THE HOLIDAYS.



Let us clean and check your jewelry
during the week of November 4-8
and **RECEIVE A \$25 GIFT CERTIFICATE**
to be used for jewelry from the
gallery or jewelry cleaner from
SpeedBrite by
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919/003

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Salisbury Post

Runner Up

910725

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PEOPLE'S CHOICE AWARDS
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2019 ROCO gold
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2nd Runner Up: Lumber Liquidators

Hardware/ Home Improvement Store

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LOWES (704) 638-0808



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truevalue.com/salisbury

Runner Up: Ace Hardware

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onthejoblawn.com

Runner Up: Godley's Garden Center
2nd Runner Up: KuttRite Lawn Care

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2nd Runner Up: Wallace Realty

Plumbing Company

SPENCER PLUMBING

314 S Salisbury Ave, Spencer
(704) 637-2090 spencerplumbingco.com

Runner Up: Eagle Plumbing
2nd Runner Up: CAC Plumbing

AC/Heating Service



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www.stoutheatingandair.com

Runner Up: Medley
2nd Runner Up: Beaver Bros

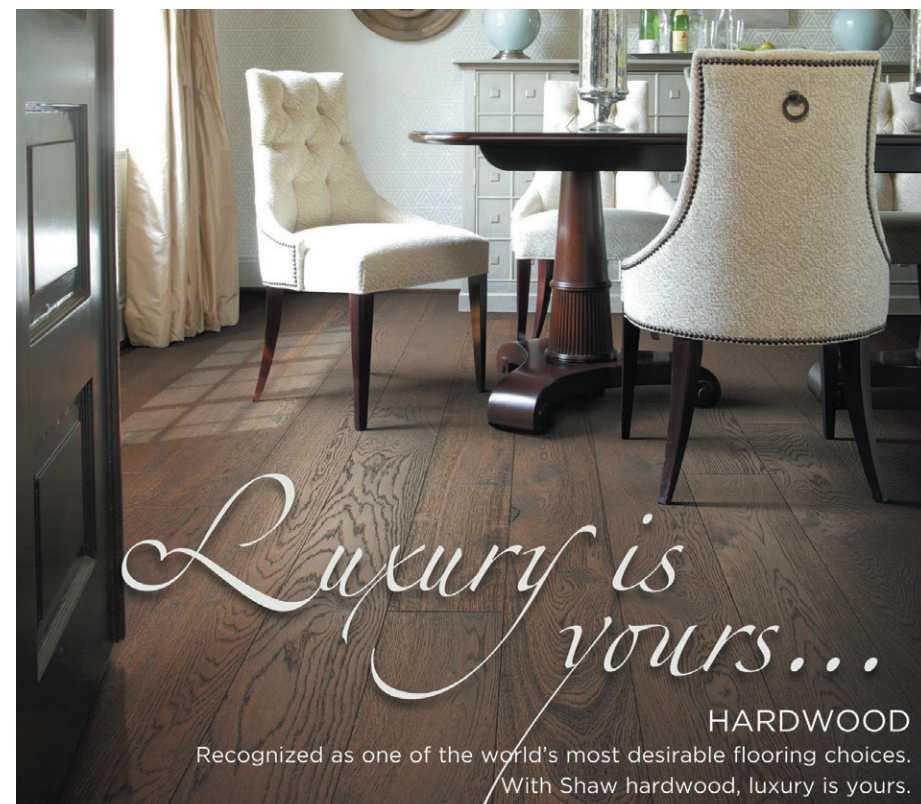
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Runner Up: Richard's Painting
2nd Runner Up: Dan Perry

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chamberlainexterminators.com

Runner Up: Peeler Environmental
2nd Runner Up: Intersect Pest Control

Cleaning Service



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www.wifeforehireinc.com

Runner Up: Cleaning Authority
2nd Runner Up: Busy Bees

Carpet/Upholstery Cleaning



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Runner Up: Tom's Carpet Care
2nd Runner Up: DC ChemDry

Boarding/Sitting Service

LAZY 5 VETS

2916 S Main St, Salisbury (704) 636-1100
lazy5vets.com

Runner Up: Pet Peeps Boarding
2nd Runner Up: Salisbury Animal Hospital

Grooming Service

LAZY 5 VETS

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Runner Up: Main Stream Pets
2nd Runner Up: Uptown Dogs & Cats

Veterinary Service



LAZY 5 VETS

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Runner Up: Salisbury Animal Hospital
2nd Runner Up: Rowan Animal Clinic

Pet Food/Pet Items

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www.mainstreampets.com

Runner Up: PetSmart
2nd Runner Up: Hot Diggity Dog

Barber Shop

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108 W Innes St, Salisbury (704) 754-9961
facebook.com/MadeManBarberAndShave

Runner Up: College Barber Shop
2nd Runner Up: GQ Barber Shop

Mani/Pedi



SALISBURY SALON & SPA

210 E Innes St, Salisbury (704) 310-5941
www.salisburysalonspa.com

Runner Up: Kim's Nails
2nd Runner Up: Greystone Salon & Spa

Skincare Facility

SALISBURY SALON & SPA

210 E Innes St, Salisbury (704) 310-5941

Runner Up: Yatawara Wellness,
2nd Runner Up: Greystone Salon & Spa

Spa/Massage

SALISBURY SALON & SPA

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Runner Up: Greystone Salon & Spa
2nd Runner Up: Alleviate Massage Therapy



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Best Pet Boarding/Sitting



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thank you!

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Best Mani/Pedi • Best Skincare Facility
Best Spa/Massage • Best Hair Salon

and Runner Up in

Best Customer Service (Retail/Svc)

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Hair Salon

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Runner Up: Greystone Salon & Spa
2nd Runner Up: Wicked Scissors

Dry Cleaner

VOGUE CLEANERS

106 N Long St, Salisbury (704) 633-5411
salisburydrycleaners.com

Runner Up: M&S Cleaners
2nd Runner Up: Bell's Cleaners

Car Wash



SAM'S CAR WASH

800 East Innes Street &
1022 West Innes Street Salisbury
www.samscarwashkl.com

Runner Up: Jimmy Clean
2nd Runner Up: Wash Me Detail

Oil Change/Auto Repair

SAM'S EXPRESS CARE

800 E Innes St, Salisbury (704) 636-1045
samscarwashkl.com

Runner Up: Auto Works
2nd Runner Up: Grease Monkey

Auto Repair



AUTO WORKS

429 S Main St, Salisbury (704) 310-5718

Runner Up: Randy Hall Automotive
2nd Runner Up: Rock Steady Rides

New Car Dealer

TEAM CHEVROLET

404 Jake Alexander Blvd S, Salisbury
(704) 216-8000 teamchevync.com

Runner Up: Gerry Wood
2nd Runner Up: Clonger

Pre-Owned Car Dealer



SALISBURY MOTOR COMPANY

700 W Innes St, Salisbury (704) 636-1341
www.salisburymotorcompany.com

Runner Up: Gerry Wood
2nd Runner Up: Team Chevrolet

ATV/Recreational Dealer

MOTT'S MOTORSPORTS

1325 N Main St, Salisbury (704) 636-9900
www.mottspowersports.com

Runner Up: 704 Powersports
2nd Runner Up: Adam's Service

Financial Institution



F&M BANK

www.fmbnc.com

Runner Up: State Employees Credit Union
2nd Runner Up: Wells Fargo

Law Firm

NANCE & OVERBEY

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www.nolawfirm.com

Runner Up: Davis & Davis
2nd Runner Up: Whitley & Jordan

visit www.rocogold.com
for a list of winners
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www.rowanhelpingministries.org

Runner Up: Meals on Wheels of Rowan
2nd Runner Up: Partners In Learning

Best Realtor



JAYNE HELMS

354 George W Liles Pkwy #40, Concord
(704) 798-5726
jaynehelms.engagereagent.com

Runner Up: Cathy Griffin
2nd Runner Up: Teresa Ruffy

Best School

CARSON HIGH SCHOOL

290 Kress Venture Dr, China Grove
(704) 855-7297 rssid.org/jchs

Runner Up: West Rowan High School
2nd Runner Up: East Rowan High School

Best College



CATAWBA

2300 W Innes St, Salisbury (704) 637-4111
catawba.edu

Runner Up: RCCC
2nd Runner Up: Livingstone

Insurance Company



FARM BUREAU

304 Birdie Dr, Salisbury
(704) 633-4801
www.ncfbins.com/rowan-byrd

Runner Up: State Farm
2nd Runner Up: Central Carolina Ins.

Funeral Service Provider



POWLES STATON FUNERAL HOME

913 W Main St, Rockwell (704) 279-7241
www.powlesfuneralhome.com

Runner Up: Summersett
2nd Runner Up: Lysterly Funeral Home

Best Customer Service - Retail/Service

POWLES STATON FUNERAL HOME

913 W Main St, Rockwell (704) 279-7241
www.powlesfuneralhome.com

Runner Up: Salisbury Salon & Spa
2nd Runner Up: Dr. Don Fortner, DMD

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everyone
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annual awards
even better
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THANK YOU!

Thank you to everyone that voted for Catawba College as Best College in the ROCO People's Choice Awards. Catawba continues to grow and improve, and we're happy that our efforts are being seen in the community. To further strengthen ties with the local community, we're rolling out our "Stay Local" initiative, guaranteeing at least 50% of tuition and fees in scholarships and grants to eligible high school students and transfer students in Rowan and Davie counties. Students can also enroll in a class at Catawba, tuition free.

Get more information on this initiative at catawba.edu/staylocal



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**Thank you to all who voted for me
and continue to support me. I am
deeply grateful. ~ Cathy**

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Best Realtor Runner-Up**

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**Congratulations to my dear friend, Jayne Helms
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Best Realtor in Rowan County!**

I am so happy for your continued success!

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